**Fiche de préparation du travail / Recette**

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| **Nom / Prénom** | |  | | | | | | | | | | | | | |
| **N° du panier:** | | 🞎 | | 1 | | 🞎 | | 2 | 🞎 | | 3 | | | 🞎 | 4 |
|  | | | | | | | | | | | | | | | |
| 🞎 | **Entrée froide** | | 🞎 | | **Plat de poisson chaud** | | | | | **** | |  | | | |
|  | | | | | | | | | | | | | | | |
| **Désignation des plats** | |  | | | | | | | | | | | | | |
| **Temps de préparation** | | ………… minutes | | | | | **Temps de cuisson** | | | | | | ………… minutes | | |
| **Modes de cuisson utilisés** | |  | | | | | | | | | | | | | |
| **Avis CCP**  **(Mots-clés)** | |  | | | | | | | | | | | | | |
| **Vaisselle de service** | |  | | | | | | | | | | | | | |

**Photo ou croquis reconnaissable (en couleur)**

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| --- | --- | --- | --- |
| **Nom du plat** | |  | |
| **Ingrédients pour 4 personnes** | | | |
| **Quantité** | **Ingrédients** | | **Préparation /** **Processus de cuisson** |
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